









Macomb MacArthur OCTOBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B-Benefit Bar ½ 23.75 Apple Juice 13.62 S-Orange 11.74 2	B-Cinnamon Toast Crunch 22.68 Orange 11.74 S-Cheez Its .5oz 3	B-Pop Tart 36.22 Applesauce 27.34 S-Bell Pepper 1/4c 4	B-Lucky Charms 23.53 Banana 17.68 S-Graham Crackers 1 PK 10.77 5	No School  6
No School  9	B-Mini Cinni ½ 16.88 Orange 11.74 S-Goldfish .5 oz 5.48 10	B-Benefit Bar ½ 23.75 Applesauce 27.34 S-Cucumbers 1/4c. 1.31 11	B-Blueberry Mini Waffle 32.91 Banana 17.68 S-String Cheese 1 1.70 Saltines 1Pk 4.37 12	B-Breakfast Round 38.81 Apple Juice 13.62 S-Animal Crackers .5oz 13
B-Cocoa Puff Cereal Bar ½ 14.90 Apple Juice 13.62 S-Apple Slices 7.48 16	B-Breakfast Pizza ½ 15.50 Apple 8.40 S-Graham Crackers 1 Pk 10.77 17	B-Egg & Cheese Muffin ½ 11.68 Applesauce 27.34 S-Baby Carrots 1/4c.5.84 18	B-Apple Frudel ½ 17.98 Banana 17.68 S-Applesauce 27.34 19	B-Benefit Bar ½ 23.75 Apple Juice 13.62 S-Cheerios 1/2c. 20
B-Breakfast Round 38.81 Apple Juice 13.62 S-Banana 17.68 23	B-Maple Madness Waffle 33.19 Orange 11.74 S-Bagel ½ 16.98 W/Jelly 9.10 24	B-Trix 24.10 Applesauce 27.34 S-Celery 1/4c .92 25	No School  26	No School  27
No School  30	B-Strawberry Nutrigrain Bar 29.92 Apple 8.40 S-String Cheese 1 1.70 Saltines 1Pk 4.37 31			

NOTES	<p>All Breakfast Must Include Choice of Fruit or Juice and May Include 1% Low Fat Milk. All Grains Served are Whole Grain</p>	<p>Menu Is Subject To Change</p>	<p>All Milk Served Is Unflavored All Grains Served Whole Grain Rich Fresh Fruit And Veg Offered Once A Week</p>	
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