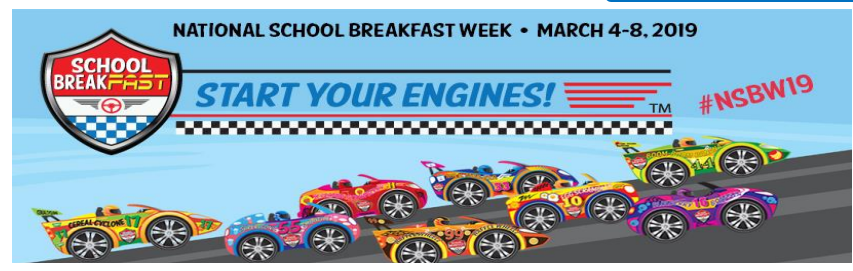


# MJSHS Breakfast Menu

## March 2019

### March Madness Special!!

Join us for Breakfast each day the 18<sup>th</sup> – 22<sup>nd</sup> for a chance to win a *Kindle Fire* to be given away on the 22<sup>nd</sup>. The more days you eat the more entries you will receive.



#### Who doesn't like Cookies?

Join us for both Breakfast & Lunch on Tuesdays in March and receive a cookie at lunch as a Thank you for your support!

- 1
- \* Hot Oatmeal Bar
  - \*Chocolate Muffin w/String Cheese
  - \*Sausage Cheese Muffin
- Pears  
Apple Juice

- 4
- \*Bacon Egg & Cheese Flatbread
  - \*Banana Breakfast Bar
  - \*Sausage Cheese Muffin

Mixed Fruit  
Apple Juice

- 5 **Cookie Day**
- \* Chicken Biscuit
  - \*Morning Tacos
  - \*Bagel w/Cream Cheese

Banana  
Fruit Juice

- 6
- \* Cheesy Egg Muffin
  - \*Mini Cinnamon Rolls
  - \* Sausage Cheese Muffin

Applesauce  
Orange Juice

- 7
- \*Ham & Cheese Bagel
  - \*Donut Holes
  - \*Egg & Cheese Muffin

Mixed Fruit  
Fruit Juice

8

No School  
Teacher  
Institute

11

12

13

14

15



### March Madness Special! Want to win a Kindle Fire?

Join us for Breakfast each day the 18<sup>th</sup> – 22<sup>nd</sup> for a chance to win a *Kindle Fire* to be given away on the 22<sup>nd</sup>. The more days you eat the more entries you will receive.

- 18
- \* French Toast Sticks
  - \*Breakfast Pizza
  - \*Grape Filled Crescent

Mixed Fruit  
Apple Juice

- 19 **Cookie Day**
- \*Egg & Cheese Bagel
  - \*Sausage Biscuit
  - \*Strawberry Mini Bagel

Banana  
Fruit Juice

- 20
- \* Chocolate Muffin w/String Cheese
  - \*Egg & Cheese Biscuit
  - \*Sausage & Cheese Muffin

Applesauce  
Orange Juice

- 21
- \* Chicken Biscuit
  - \* Donut Holes
  - \* Egg & Cheese Muffin

Mixed Fruit  
Fruit Juice

- 22
- \* Biscuit & Gravy
  - \*Cheesy Sausage Muffin
  - \* Cherry Frudel

Pears  
Apple Juice

- 25
- \*French Toast Sticks
  - \*Breakfast Pizza
  - \*Chocolate Muffin w/String Cheese

Mixed Fruit  
Apple Juice

- 26 **Cookie Day**
- \*Glazed Donut
  - \*Sausage & Cheese Biscuit
  - \*Banana Muffin w/String Cheese

Peaches  
Fruit Juice

- 27
- \*Breakfast Pizza
  - \*Yogurt w/Scooby Grahams
  - \*Cheesy Sausage Biscuit

Applesauce  
Orange Juice

- 28
- \*Mini Cinnamon Bagel
  - \*Cheesy Egg Muffin
  - \*Sausage Cheese Muffin

Mixed Fruit  
Fruit Juice

- 29
- \* Hot Oatmeal Bar
  - \*Chocolate Muffin w/String Cheese
  - \*Sausage Cheese Muffin

Pears  
Apple Juice

#### Did you know...?

If you qualify for Free Meals that includes Breakfast

A variety of whole grain pastries, yogurt, & Breakfast Bars served Daily.

Menu Subject to Change

#### Prices...

Breakfast	\$1.60
Reduced	\$0.30
Adult	\$2.00
Extra Milk	\$0.55

All Grains Served are Whole Grains

#### Offered Daily

Cereal	Yogurt
Coco Puffs	Scooby Grahams
Lucky Charms	Pop Tarts
Oatmeal Benefit Bar	
1% White Milk	
Fat Free White Milk	
Fat Free Chocolate Milk	
Strawberry Milk Fat Free	