

# MJSHS Breakfast Menu

February 2019

**Every Tuesday in February when you eat breakfast with us you will receive a Free Cookie when you come back and eat Lunch with us!!**

4

\*Bacon Egg & Cheese Flatbread  
\*Banana Breakfast Bar  
\*Sausage Cheese Muffin

Mixed Fruit  
Apple Juice

5

\* Chicken Biscuit  
\*Morning Tacos  
\*Bagel w/Cream Cheese

Banana  
Fruit Juice

6

\* Cheesy Egg Muffin  
\*Mini Cinnamon Rolls  
\* Sausage Cheese Muffin

Applesauce  
Orange Juice

7

\*Ham & Cheese Bagel  
\*Donut Holes  
\*Egg & Cheese Muffin

Mixed Fruit  
Fruit Juice

8

\* Biscuit & Gravy  
\*Morning Corn Dog  
\*Sausage Cheese Muffin

Pears  
Apple Juice

11

**National Pizza Day**

\*Homemade Breakfast Pizza  
\*Apple Frudel  
\*Sausage Cheese Muffin

Mixed Fruit  
Apple Juice

12

\* Egg & Cheese Muffin  
\*Morning Tacos  
\* Chocolate Crescent

Banana  
Fruit Juice

13

\* Blueberry Muffin w/String Cheese  
\*Cheese Omelet w/Toast  
\* Sausage Cheese Muffin

Applesauce  
Orange Juice

14

\* Glazed Donut  
\*Yogurt w/Scooby Grahams  
\*Egg & Cheese Muffin

Mixed Fruit  
Fruit Juice

15

\*Denver Frittata w/Toast  
\* Hot Oatmeal Bar  
\*Sausage Cheese Muffin

Pears  
Apple Juice

18

\* French Toast Sticks  
\*Breakfast Pizza  
\*Grape Filled Crescent

Mixed Fruit  
Apple Juice

19

\*Egg & Cheese Bagel  
\*Sausage Biscuit  
\*Strawberry Mini Bagel

Banana  
Fruit Juice

20

**National Muffin Day**

\* Chocolate Muffin w/String Cheese  
\*Egg & Cheese Biscuit  
\*Sausage & Cheese Muffin

Applesauce  
Orange Juice

21

\* Chicken Biscuit  
\* Donut Holes  
\* Egg & Cheese Muffin

Mixed Fruit  
Fruit Juice

25

\* Biscuit & Gravy  
\*Cheesy Sausage Muffin  
\* Cherry Frudel

Pears  
Apple Juice

25

\*French Toast Sticks  
\*Breakfast Pizza  
\*Chocolate Muffin w/String Cheese

Mixed Fruit  
Apple Juice

26

\*Glazed Donut  
\*Sausage & Cheese Biscuit  
\*Banana Muffin w/String Cheese

Peaches  
Fruit Juice

27

\*Breakfast Pizza  
\*Yogurt w/Scooby Grahams  
\*Cheesy Sausage Biscuit

Applesauce  
Orange Juice

28

\*Mini Cinnamon Bagel  
\*Cheesy Egg Muffin  
\*Sausage Cheese Muffin

Mixed Fruit  
Fruit Juice

1

\* Hot Oatmeal Bar  
\*Chocolate Muffin w/String Cheese  
\*Sausage Cheese Muffin

Pears  
Apple Juice

## Offered Daily...

- Egg & Cheese Muffin
- Sausage Cheese Muffin
- A variety of whole grain cereal bowls, pop tarts, pastry's, crackers & yogurt.

## Breakfast Prices...

Paid \$1.60  
Reduced \$0.30  
Adult \$2.00  
Extra Milk \$0.55

## Milk Variety

Fat Free Chocolate  
Fat Free White  
1% White

Menu Subject to Change