



Fuel Up! Get ready to Wrap & Roll
Try these Wrap & Roll Special the 5th-9th

The **Fiesta Foldover** 43.13 made with taco-seasoned ground beef & refried beans, served hot with melted cheese and fresh-made salsa.

The **Mediterranean Meatball Wrap** 36.11 with spicy Greek meatballs, tomatoes & cucumbers, and Tzatziki (sat-ZI-KI) sauce.

MJSHS Lunch Menu

March 2018

March News

Remember to eat breakfast during National School Breakfast Week, the 5th – 9th, for a chance to win a **Kindle Fire Tablet** and other surprises throughout the week. The more days you eat the more entries you will receive.

5 FUEL
Fiesta Folder
 Meatloaf 4 w/Roll 28
 BBQ Onion -
 Cheeseburger 40.8
 Sausage Pizza 31.25
 Ham & Cheese Wrap 39.54
 Mashed Potatoes 15.3,
 Gravy 4.76
 Mixed Fruit 13

6 FUEL
Mediterranean Meatball Wrap
 Popcorn Chicken Bowl 42.95, Breadstick 14
 Vegetarian Hawaiian Pizza 36.14
 Turkey & Cheese Deli 33.5
 Corn 15.8 Peaches 12.2

7 FUEL
Fiesta Folder
 General Tso Chicken
 Sloppy Joe Melt 36.12
 Sriracha Glazed Chix Pizza 40.99
 Chicken Salad SW* 33.81
 Steamed Broccoli 4.61
 Pears 14.15

8 FUEL
Mediterranean Meatball Wrap
 BBQ Pork Rib 53.01
 Pepperoni Flatbread Pizza 33.33
 Egg Chef Salad 4.36
 Steamed Carrots 6.77
 Applesauce 13.72

9 FUEL
Fiesta Folder
 BBQ Diced Chicken SW* 42.04
 Fish Sandwich 43.64
 Cheese Pizza 30.88
 Deli Sandwich
 Baked Beans 29.16
 Mixed Fruit 13

1
 *Chicken Club Flatbread 32.09
 *Jalapeno Cheese Burger 30.82
 *Bruschetta Pizza 30.76
 *Popcorn Chicken Salad 14.64
 Steamed Broccoli 4.61
 Applesauce 13.72

2
 *Cheese Bosco Sticks 34
 Buffalo Chicken SW 29.27
 *Cheese Pizza
 Turkey & Cheese SW 33.5
 Baked Beans 29.16
 Mixed Fruit 13

12

13

14

15

16



19
 *Salisbury Steak 6 w/ Gravy 4.76 & Roll 28
 Buffalo Chicken SW 29.27
 *Sausage Pizza 31.25
 *Ham Chef Salad 5.85
 Mashed Potato 15.3
 Mixed Fruit 13

20
 *Spaghetti 40.5 w/Meat Sauce 13.67 or Marinara 12
 *Meatball Sub 34.10
 *Taco Pizza 31.27
 *Turkey & Cheese Deli 33.5
 Green Beans 4.49
 Peaches 12.2

21
 *Chicken Pony Shoe 53.5
 *Bean Burrito 57.34
 *Cheeseburger Pizza
 *Tuna Salad Sandwich 31.82
 Oven Fries 17.26
 Pears 14.15

22
 *Sweet & Sour Chicken 21.66 w/Rice 42.36
 *Pulled Pork 43.5
 *Meat Lovers Pizza 30.97
 *Popcorn Chicken Salad 14.64
 Steamed Broccoli 4.
 Applesauce

23
 *BBQ Chicken & Cheddar Flatbread 39.98
 *Fish Sandwich 43.64
 *Cheeseburger Pizza 31.06
 *Egg Chef Salad 4.17 / Roll 29
 Baked Beans 29.16
 Applesauce

26
 *Egg Roll 20 w/Fried Rice 24.7
 *Country Chicken Sandwich 42.96
 *Sausage Pizza 31.25
 *Ham Chef Salad 5.85
 Steamed Carrots 6.77
 Mixed Fruit 13

27
 *Breakfast for Lunch 27.89
 *Chicken Fajita 35.95
 *Sausage Pizza 31.25
 *All American Cobb Salad 5.75
 Tater Tots 16.14
 Mixed Fruit 13

28
 *Country Chicken Bowl 39.18
 *Grilled Cheese w/Bacon 32.73
 *Meat Lovers Pizza 30.97
 *Chicken Salad SW 33.72
 Corn 15.8
 Pears 14.15

29 Early Dismissal
 *Bacon Cheeseburger 29.66
 *Fish Sandwich 55
 *Grab-N-Go Lunch Pak w/Muffin, String Cheese & Scooby's 55
 *Cheese Pizza
 Baked Beans 29.16
 Mixed Fruit 13

30
 No School Spring Break

OFFERED DAILY

Hamburger 29
 Cheeseburger 29.5
 Chicken Patty 39
 Cheese Pizza 30.88
 Pepperoni Pizza 30.88
 Sun Butter & Jelly 69.74
 Milk Variety

Made-to-Order Taco's & Nacho's
 Spicy Popcorn Chicken 16.12 (Mon)
 Chicken Nuggets 12.5 (Tue)
 Chicken Tenders 37 (Wed)
 Popcorn Chicken 15.23 (Thur)
 Spicy Chicken 39 (Fri)

Lunch Prices

Paid Meal \$2.65
 Reduced Meal \$0.40
 Adult Meal \$2.95
 Extra Milk \$0.55

What are the numbers behind the menu items you ask? They are carb counts

Did you know that if you qualify for free meals that includes breakfast?