

# MJSHS Breakfast Menu

January 2018

1



2

No School

3

No School  
Teacher Institute

4

\*Sausage Cheese Muffin  
\*Banana Chocolate Bar

Pears  
Fruit Juice

5

\*Ham Egg & Cheese Flatbread  
\*Egg & Cheese Muffin  
\*Yogurt w/Granola Bar

Peaches  
Apple Juice

8

\*Cheesy Ham Bagel  
\*Blueberry Muffin w/String Cheese  
\*Egg & Cheese Muffin

Pears  
Apple Juice

9

\*Chicken Biscuit  
\*Cherry Frudel  
\*Hard Boiled Egg w/Chez-Its

Mixed Fruit  
Fruit Juice

10

\*Sausage & Cheese Biscuit  
\*Mini Cinnamon Bagel  
\*Banana Chocolate Bar

Applesauce  
Orange Juice

11

\*Glazed Donut  
\*Bacon Egg & Cheese Flatbread  
\*Egg & Cheese Muffin

Banana  
Fruit Juice

12

\*Hot Oatmeal Bar  
\*Chocolate Muffin w/String Cheese  
\*Sausage Cheese Muffin

Peaches  
Apple Juice

15

No School  
Martin Luther King

16

Sausage Bagel  
Egg & Cheese Muffin  
Cinnamon Sugar Donut

Peaches  
Fruit Juice

17

Breakfast Pizza  
Banana Muffin w/Cheese Stick  
Oatmeal Chocolate Breakfast Bar

Applesauce  
Orange Juice

18

Egg Bagel  
Oatmeal Chocolate Bar  
Cheesy Ham Biscuit

Banana  
Apple Juice

19

\*Biscuit w/Country Gravy  
\*Chocolate Muffin w/String Cheese  
\*Yogurt w/Scooby Crackers

Pears  
Apple Juice

22

\*Bacon Egg & Cheese Biscuit  
Warm Bagel  
\*French Toast Sticks

Pears  
Apple Juice

23

\*Egg & Cheese Muffin  
\*Homemade Breakfast Pizza  
\*Breakfast Corn Dog

Fresh Orange  
Fruit Juice

24

\*Blueberry Muffin w/String Cheese  
\*Ham Egg & Cheese Flatbread  
\*French Toast Breakfast Bar

Applesauce  
Orange Juice

25

\*Chocolate Glazed Donut  
\*Cheesy Egg Muffin  
\*Hard Boiled Egg w/Chez-Its

Banana  
Fruit Juice

26

\*Hot Oatmeal Bar  
\*Chicken Biscuit  
\*Apple Frudel

Peaches  
Apple Juice

29

\*Cheese Bosco Stick  
\*Sausage Cheese Muffin  
\*Yogurt w/Animal Crackers

Pears  
Apple Juice

30

\*Morning Tacos  
Egg & Cheese Bagel  
\*Banana Muffin w/String Cheese

Mixed Fruit  
Fruit Juice

31

\*Cheesy Egg Bagel  
\*Mini Strawberry Bagel  
\*Glazed Donut

Applesauce  
Orange Juice

1

\*Cheese Scrambled Eggs w/Hash Brown & Toast  
\*Sausage Cheese Muffin  
\*Oatmeal Raisin Bar

Banana  
Fruit Juice

2

\*Biscuit w/Country Gravy  
\*Egg & Cheese Muffin  
\*Chocolate Muffin w/String Cheese

Peaches  
Apple Juice

## Offered Daily...

- Sausage Cheese Muffin
- A variety of whole grain cereal bowls, Pop Tarts, pastry's, crackers & yogurt.

## Breakfast Prices...

Paid \$1.50  
Reduced \$0.30  
Adult \$1.90  
Extra Milk \$0.55

## Milk Variety

Fat Free Chocolate  
Fat Free White  
1% White

Menu Subject to Change