

# MJSHS Breakfast Menu

November 2017

|   |  |  |   |  |
|---|--|--|---|--|
|   |  | <p><b>1</b></p> <p>*Sausage &amp; Cheese Biscuit<br/>*Mini Cinnamon Bagel<br/>*Banana Chocolate Bar</p> <p>Applesauce<br/>Orange Juice</p>                       | <p><b>2</b></p> <p>*Glazed Donut<br/>*Bacon Egg &amp; Cheese Flatbread<br/>*Egg &amp; Cheese Muffin</p> <p>Banana<br/>Fruit Juice</p>     | <p><b>3</b></p> <p>*Ham &amp; Potato Strata<br/>*Chocolate Muffin w/String Cheese<br/>*Sausage Cheese Muffin</p> <p>Peaches<br/>Apple Juice</p>              |
| <p><b>6</b></p> <p>Chicken Biscuit<br/>French Toast Bar<br/>Cheesy Sausage Muffin</p> <p>Pears<br/>Apple Juice</p>                | <p><b>7</b></p> <p>Sausage Bagel<br/>Egg &amp; Cheese Muffin<br/>Cinnamon Sugar Donut</p> <p>Peaches<br/>Fruit Juice</p>                   | <p><b>8</b></p> <p>Egg Bagel<br/>Banana Muffin w/Cheese Stick<br/>Oatmeal Chocolate Breakfast Bar</p> <p>Applesauce<br/>Orange Juice</p>                         | <p><b>9</b></p> <p>Breakfast Pizza<br/>Oatmeal Chocolate Bar<br/>Cheesy Ham Biscuit</p> <p>Banana<br/>Apple Juice</p>                     | <p><b>10</b></p> <p>*Biscuit w/Country Gravy<br/>*Chocolate Muffin w/String Cheese<br/>*Strawberry Yogurt w/Scooby Crackers</p> <p>Pears<br/>Apple Juice</p> |
| <p><b>13</b></p> <p>*Bacon Egg &amp; Cheese Biscuit<br/>Warm Bagel<br/>*Yogurt w/Animal Crackers</p> <p>Pears<br/>Apple Juice</p> | <p><b>14</b></p> <p>*Egg &amp; Cheese Muffin<br/>*Homemade Breakfast Pizza<br/>*Breakfast Corn Dog</p> <p>Fresh Orange<br/>Fruit Juice</p> | <p><b>15</b></p> <p>*Blueberry Muffin w/String Cheese<br/>*Ham Egg &amp; Cheese Flatbread<br/>*French Toast Breakfast Bar</p> <p>Applesauce<br/>Orange Juice</p> | <p><b>16</b></p> <p>*Honey Sriracha Glazed Donut<br/>*Cheesy Egg Muffin<br/>*Hard Boiled Egg w/Chez-Its</p> <p>Banana<br/>Fruit Juice</p> | <p><b>17</b></p> <p>*Sausage &amp; Cheese Muffin<br/>*Chicken Biscuit<br/>*Cherry Frudel</p> <p>Peaches<br/>Apple Juice</p>                                  |
| <p><b>20</b></p> <p>*Cheese Bosco Stick<br/>*Sausage Cheese Muffin<br/>*Yogurt w/Animal Crackers</p> <p>Pears<br/>Apple Juice</p> | <p><b>21</b></p> <p>*Morning Tacos<br/>Egg &amp; Cheese Bagel<br/>*Banana Muffin w/String Cheese</p> <p>Mixed Fruit<br/>Fruit Juice</p>    | <p><b>22</b></p> <p><b>Thanksgiving Break</b></p> <p><b>No School</b></p>  | <p><b>23</b></p> <p><b>Thanksgiving Day</b></p> <p><b>No School</b></p>   | <p><b>24</b></p> <p><b>Thanksgiving Break</b></p> <p><b>No School</b></p>  |
| <p><b>27</b></p> <p>*Cheesy Egg Bagel<br/>*Apple Frudel<br/>*Sausage Cheese Muffin</p> <p>Pears<br/>Apple Juice</p>               | <p><b>28</b></p> <p>*Chicken Biscuit<br/>*Banana Breakfast Bar<br/>*Bagel w/Cream Cheese</p> <p>Fresh Orange<br/>Fruit Juice</p>           | <p><b>29</b></p> <p>*Breakfast Pizza<br/>*Egg Bagel<br/>*Strawberry Pop Tart</p> <p>Applesauce<br/>Orange Juice</p>  | <p><b>30</b></p> <p>*Biscuit &amp; Gravy<br/>*Sausage Cheese Muffin<br/>*Oatmeal Chocolate Bar</p> <p>Banana<br/>Fruit Juice</p>          | <p><b>1</b></p> <p>*Ham Egg &amp; Cheese Flatbread<br/>*Egg &amp; Cheese Muffin<br/>*Yogurt w/Granola Bar</p> <p>Peaches<br/>Apple Juice</p>                 |

## Offered Daily...

- Egg & Cheese Muffin
- Sausage Cheese Muffin
- A variety of whole grain cereal bowls, pop tarts, pastry's, crackers & yogurt.

## Breakfast Prices...

Paid \$1.50  
Reduced \$0.30  
Adult \$1.90  
Extra Milk \$0.55

## Milk Variety

Fat Free Chocolate  
Fat Free White  
1% White

Menu Subject to Change