

# MJSHS Breakfast Menu

May 2017

1

Waffles w/Syrup  
Cheesy Egg Muffin  
Blueberry Muffin

Pears  
Apple Juice  
Milk Variety

2

Chicken Biscuit  
Mini French Toast  
Banana Muffin

Fresh Orange  
Apple Juice  
Milk Variety

3

Ham & Egg Roll  
Egg Bagel  
Chocolate Oatmeal Bar

Applesauce  
Orange Juice  
Milk Variety

4

Bacon Egg & Cheese  
Flatbread  
Apple Frudel  
Banana Breakfast Bar

Peaches  
Apple Juice  
Milk Variety

5

Hot Oatmeal Bar  
w/toppings  
Egg & Cheese Biscuit  
Bagel w/Cream Cheese

Fresh Apple ½  
Fruit Punch  
Milk Variety

8

Sausage Breakfast Pizza  
Egg & Cheese Bagel  
Banana Muffin

Fresh Orange  
Fruit Juice  
Milk Variety

9

Spanish Frittata  
Mini Waffles  
Chocolate Muffin

Mixed Fruit  
Apple Juice  
Milk Variety

10

Turkey Pancake Wrap  
Cini Mini's  
Chicken Bagel

Applesauce  
Orange Juice  
Milk Variety

11

Sausage Egg & Cheese  
Bagel  
Egg & Cheese Muffin  
Blueberry Muffin

Peaches  
Apple Juice  
Milk Variety

12 **NEW ITEM**

**Maple Bacon Donut**  
Biscuit & Gravy  
Banana Chocolate Chip  
Benefit Bar

Fresh Apple ½  
Fruit Punch  
Milk Variety

15

**No School**  
  
**Teachers**  
  
**Institute**

16

Mini Cream Cheese  
Bagel  
Ham & Cheese Fritta  
w/Toast  
Apple Breakfast Bar

Fresh Apple ½  
Fruit Punch  
Milk Varietv

17

Sausage Bagel  
Glazed Donut  
Yogurt w/Animal  
Crackers

Applesauce  
Orange Juice  
Milk Variety

18

Sausage Egg & Cheese  
Biscuit  
Morning Tacos

Fresh Apple ½  
Fruit Punch  
Milk Variety

19 **NEW ITEM**

**Homemade Breakfast**  
**Pizza**  
Bacon Egg & Cheese  
Biscuit  
Blueberry Muffin

Peaches  
Apple Juice  
Milk Variety

22

French Toast Sticks  
w/Syrup  
Chicken Bagel  
Blueberry Muffin

Fresh Orange  
Fruit Juice  
Milk Variety

23

Chicken Snack Wrap  
Scrambled Eggs  
w/Toast  
Apple Breakfast Bar

Mixed Fruit  
Apple Juice  
Milk Variety

24

Sausage Biscuit  
Strawberry Bagel  
Egg & Cheese Muffin

Applesauce  
Orange Juice  
Milk Variety

25

Sausage Cheese Muffin  
Morning Tacos  
Cherry Frudel

Peaches  
Apple Juice  
Milk Variety

26

Biscuit & Gravy  
Banana Chocolate Chip  
Benefit Bar  
Egg & Cheese Muffin

Fruit  
Juice  
Milk Variety



## Offered Daily at Breakfast:

100% Fruit Juice  
Fresh & Canned Fruit  
Variety of Whole Grain Cereal & Toast  
1% White Milk  
Fat Free Chocolate

## Prices...

|            |        |
|------------|--------|
| Breakfast  | \$1.50 |
| Reduced    | \$0.30 |
| Adult      | \$1.90 |
| Extra Milk | \$0.55 |

Menu Subject to Change

## Offered Daily

|                       |                  |
|-----------------------|------------------|
| Cereal                | Yogurt           |
| Coco Puffs            | Scoby Grahams    |
| Cheerios              | Animal Crackers  |
| Lucky Charms          | Pop Tarts        |
| Oatmeal Benefit Bar   | Assorted Muffins |
| String Cheese         |                  |
| Sausage Cheese Muffin |                  |